



## WEEK 1: TRANSFORMED THROUGH ABIDING

### WHAT IS THE GOAL OF TRANSFORMATION?

A. Romans 8:28

B. John 15:8

### WHAT IS THE PROCESS OF TRANSFORMATION?

A. The Biblical Perspective (John 15:1-8)

- “We don't abide in Christ to earn God's love. We abide in Christ to experience God's love and to be transformed by God's love.” (Pastor Eric)

B. The Practical Perspective

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- “Spiritual practices transform us not because they have some magical power in and of themselves, but simply because they open us to God. It's God--not the practices--who transforms us.” (Brandon Cook, Learning to Love and Live Like Jesus)
- “Discipleship without discipline is like waiting to run in a marathon without ever practicing...Discipline in the spiritual life is the concentrated effort to create space and time where God can become our master and where we can respond freely to God's guidance.” (Henry Nouwen, Bread for the Journey)

### WHERE ARE WE HEADED IN THE WEEKS TO COME?

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